10 Leisure Walks of Discovery

A Boot Up THE NORTH HAMPSHIRE DOWNS

Robert Wood

The North Hampshire Downs are quintessential chalk downs. The chalk gives rise to a variety of contrasting landforms including broad rolling downland, deep and shallow valleys, high hills, and ridges with steep scarps in places most notably above the Kennet valley in the very north. The downland itself supports a chalky grassland habitat, beneficial for wild flowers and insects as well as arable agriculture.

These walks cover the whole of the North Hampshire Downs, sometimes called the 'Hampshire Highlands'. The village of Hurstbourne Tarrant will certainly serve as the capital of the area and two walks circle it. The views hereabouts are stunning. One walk strays into Berkshire but that is understandable; until 1895 the area was in Hampshire. And another walk strays into Wiltshire but again that is understandable because, on what has been called Hampshire's 'north-west frontier', the three counties are quite jammed together and even meet at a point during one of the walks – at Rockmoor Pond. Remember Fiver and his rabbit pals? Well, one of the walks actually treads on Watership Down.

The ten circular walks, ranging from 3 to 8 miles, suit the needs of families, groups of friends or individuals looking for a gentle stroll or a longer walk, and reflect the many varied facets of the area – its people, its history, and its working landscape and will help first time visitors to experience some of the great scenery the area has to offer. The ten walks are:Vernham Dean and Upton; Linkenholt and Vernham Street; Combe Gibbet and Combe; The Ox Drove and East Woodhay; Hurstbourne Tarrant and Windmill Hill; Hustbourne Tarrant and Bourne Park; Ashmansworth and Crux Easton; Litchfield and the Portway; Hannington and Watership Down; Malshanger and Ibworth.

Halsgrove's new-format guidebook, containing maps, photographs and useful information will ensure a great walking experience. Packed with colour, the book is an ideal reminder of a visit to the area.

ABOUT THE AUTHOR

In previous lives **Robert Wood** was a researcher, an academic and a business psychologist. Now he concentrates on writing walking books. *Walks into History: Hampshire* appeared in 2009. Apart from his technical books, which include a book on emotional intelligence, he has produced a memoir, *Mackem Mayhem*, and three novels - *Pushing Envelopes, Chekyll and Ide* and *Ten a Penny.* His previous work for Halsgrove was *A Boot Up the Berkshire Downs.*

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DOWNS NORTH HAMPSHIRE HE F UP BOOT 4



Malshanger Tower





Right: Ibthorpe House



Example of a double-page spread.

River Swift running well



View of the east end of Hurstbourne Tarrant